



SENIOR & LONG TERM CARE DIVISION COMMUNITY SERVICES BUREAU Home Health Policy Manual

Title: Home Health Policy 707
Section: SERVICE COORDINATION
Subject: Coordination with Community First Choice and Personal Assistance Services (CFC/PAS)
Reference: ARMs 37.40.1002, 37.40.1006, and 37.40.1008
Supersedes: Policy 707, Issued 05/01/1999

CFC/PAS SERVICES

Personal assistance services are available to Medicaid eligible beneficiaries who require assistance with the activities of daily living which is supported by a medical diagnosis and reviewed by a contracted registered nurse.

The CFC/PAS programs can provide help with:

1. Bathing,
2. Dressing,
3. Grooming,
4. Ambulation,
5. Exercise,
6. Transfers,
7. Meal preparation; and
8. Assistance with eating.

Some beneficiaries may also receive assistance with household tasks, escort to medical services, and personal emergency response systems.

Referrals should be made to the CFC/PAS program for beneficiaries who cannot independently perform their activities of daily living. This service is considered equally safe and effective as well as less costly than Home Health aide services.

SELF-DIRECTED CFC/PAS SERVICES

Self-Directed personal assistance services are available to Medicaid eligible beneficiaries who require assistance with activities of daily living. The member's need must be

1. Supported by a medical diagnosis;
2. Reviewed by a contracted registered nurse, and

3. The member must meet the capacity requirements for managing their services.

The member must assume the responsibility for:

1. Hiring;
2. Firing;
3. Managing;
4. Scheduling;
5. Training their attendants; and
6. Maintaining back-up services in the event their attendant is unavailable to provide services.

In addition to the provided services listed under the **CFC/PAS SERVICES** section of this policy, an exemption from the Nurse Practice Act allows beneficiaries to direct their attendants in providing:

1. Bowel care,
2. Urinary systems management,
3. Medication administration, and
4. Wound care.

NOTE: If a member chooses to manage one or all of these health maintenance activities, Home Health services are not available for the same activity. This would be considered a duplication of services.

All beneficiaries participating in CFC/PAS programs must have a current copy of their plan of care. To verify the type of services a member is receiving, the Home Health agency should review the CFC/PAS plan or speak to the providing personal assistance agency.