



## Newsletter Highlights

- Updates from the SHIP workgroups and subgroups,
- Resources, events, and educational opportunities from SHIP partners, and
- A calendar of upcoming SHIP events or opportunities.

## Public Health System Improvement Office

1400 E Broadway  
Helena, Montana 59260-2951

<https://dphhs.mt.gov/ahealthiermontana>

<https://dphhs.mt.gov/publichealth/buildinghealthysystems>

Contact Anna Bradley about this document or the SHIP at [abradley@mt.gov](mailto:abradley@mt.gov) or (406) 444-5968.

September 2020  
Volume 1, Issue 3

# State Health Improvement Plan Newsletter

## News

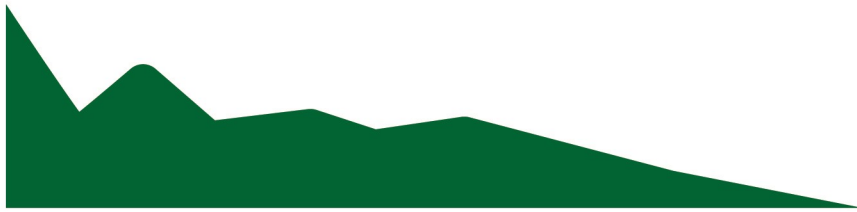
The State Health Improvement Plan has just finished its third round of quarterly meetings for 2020. We remain grateful for your interest in communicating and collaborating on these key health areas in Montana even as our organizations, programs, and communities continue to pivot for long-term COVID-19 response and recovery.

Remember to visit the [SHIP Implementation Library](#) to see newly posted materials, including:

- Factsheets on Public Health 3.0 and the Social Determinants of Health (or SDoH),
- Information about the development and release of Healthy People 2030, and
- Recorded presentations from a conversation hosted by the Motor Vehicle Crashes workgroup to discuss preventing MVCs in communities for local and tribal public health department staff.

Lastly, we are starting a webinar series to increase our ability to share and discuss data that have an impact on the SHIP's key priority areas. Our first webinar is scheduled for Friday, October 23, 2020 from 12 to 12:30 PM with Dr. Carmen Byker-Shanks, titled "The Impact of COVID-19 on Food Security and Health Behaviors in Montana." [Register](#) in advance to attend.

As before, please continue to take good care of yourselves, your families, and your communities. Your hard work is appreciated, as is your continued involvement with the State Health Improvement Plan.





See meeting minutes and materials on the [A Healthier Montana](#) website for detailed updates provided by participants, as well as notes from data presentations and strategy conversations.

### Behavioral Health

Minutes from this quarter's meeting (September 30, 2020) will be posted by October 2 on the A Healthier Montana website's [Behavioral Health](#) page. A presentation on methamphetamine use in Montana was shared. The meeting focused on providing feedback to MT DPHHS Addictive and Mental Disorders Division on specific areas of technical assistance that would be useful for responding to and recovering from COVID-19.

### Chronic Disease Prevention and Self-Management

This quarter's meeting (September 10, 2020) materials can be found on the [Chronic Disease Prevention](#) page of the A Healthier Montana website. Presenters shared data on tobacco-associated cancers in Montana. A subgroup focused on obesity prevention has completed their survey of relevant resources in Montana and is discussing how to best share the information. Conversation focused around the programmatic and organizational impacts of COVID-19.

### Motor Vehicle Crashes (MVCs)

This workgroup met on September 24, 2020 and the [MVC meeting materials](#) are available on the MVC A Healthier Montana page. The data presentation featured observational seat belt studies on reservations and the Montana Dept of Transportation shared their progress on the 2020 Comprehensive Highway Safety Plan.

### Healthy Mothers, Babies, and Youth/Adverse Childhood Experiences (ACEs)

The [Healthy Mothers, Babies, and Youth](#) webpage has materials from this quarter's meeting (September 14, 2020). There was no data presentation. Similarly to the Chronic Disease workgroup meeting, conversation focused around the programmatic and organizational impacts of COVID-19.

## Recent COVID-19 Research and Resources Related to the SHIP

### Behavioral Health

[Toolkit: Solutions for Local Leaders to Improve Mental Health and Well-Being During and Post-COVID-19](#)

[Substance Use Disorders linked to COVID-19 susceptibility](#)

### Chronic Disease

[CDC COVID Data Tracker: Prevalence of underlying medical conditions](#)

### Motor Vehicle Crashes

[Adolescent Driving Behavior Before and During Restrictions Related to COVID-19](#)

### Healthy Mothers, Babies, and Youth

[Review Article: Parental Burnout and Child Maltreatment During the COVID-19 Pandemic](#)



See the minutes from last quarter's meetings for more updates from SHIP partners by priority area.

- The National Indian Health Board launched the [Adverse Childhood Experiences \(ACEs\) Information Hub](#) for American Indian and Alaska Natives individuals, families, communities, professionals, and leaders.
- The MT Office of Rural Health developed an [online Learning Hub](#) to complement the [Healthy Communities](#) conference. It has video tutorials and other resources to support healthy communities across the state.
- The Public Health System Improvement Office designed the [Building Healthy Systems](#) site to share resources on health and wellness in Montana. The site contains a wealth of continuing education [resources](#), funding [opportunities](#), informational [health maps](#), and community [success stories](#), all laid out in a clear, and concise format to help both health professionals and community members find what they need easily.
- [2019 National Youth Risk Behavior Survey \(YRBS\) data is available online](#). YRBS collects data in six categories of health behaviors that contribute to the leading causes of death and disability in youth and young adults.
- Partners shared a new series from Head Start's Early Childhood Learning & Knowledge Center on [Understanding Trauma and Healing in Adults](#).
- Mountain-Pacific Quality Health is working with MT DPHHS and other partners to form a statewide Chronic Disease Learning and Action Network (LAN). This LAN will bring together health care professionals, patients and other stakeholders around an evidence-based, action-oriented agenda to achieve wide-scale improvement initially focusing on cardiovascular disease, diabetes, chronic kidney disease and related conditions. For more information or to participate, [contact Patty Kosednar at pkosednar@mpqhf.org](mailto:pkosednar@mpqhf.org).
- The Montana Asthma Control Program, Diabetes Program, and Cardiovascular Health Program have several funding opportunities currently available ranging from \$2000-\$5000. These include projects partnering with clinics to address asthma, diabetes, prediabetes, hypertension, high cholesterol, chronic kidney disease, or diabetes-related retinopathy. Other projects are specific for community health workers, pharmacies, and food banks. Please [contact Jessie Fernandes at 406-444-9155 or jfernandes@mt.gov](mailto:jfernandes@mt.gov) for more information.
- The Montana Disability and Health Program (MTDH) partnered with national leaders to broadcast a webinar about creating inclusive, walkable and moveable communities. Through interdisciplinary and advocacy-based perspectives, a panel of public health researchers, city planners, and disability & civil rights activists addressed spatial privilege and tools for inclusion. [Watch the archived webinar](#).
- To increase awareness of the SHIP among disability organizations and reciprocally to increase disability representation within the SHIP, the Montana Disability and Health Program organized a workgroup with partners from the [Independent Living Taskforces](#). The group will provide feedback on disability data and objectives in the SHA and SHIP.
- The Behavioral Health Alliance of Montana Board of Directors attended an Entrepreneurial Leadership Course from Babson College, funded by AMB West Foundation. We identified an initiative to create a pilot project for an evidence-based outcome measurement database that will collect client satisfaction and quality data from the Alliance members. We'll work with stakeholders to create a statewide quality database to support a data-driven system of care for behavioral health.
- The Linking Systems of Care (LSOC) Organizational Trauma-Readiness Self-Assessment is ready for use! [Contact Jess Mayrer, Policy Coordinator](#) for Vision 21: Linking Systems of Care for Children and Youth in Montana, to learn more about using the assessment in your organization.



## Upcoming Partner Events

Please note that some events may experience changes due to the COVID-19 emergency. Please follow up with host organizations on the status of individual events.

### 2020 Montana Healthcare Conference

[October 5-9, 2020](#)

Online

The Montana Hospital Association and Montana Primary Care Association are partnering to provide a virtual conference, previously known as the MHA Fall Convention and Tradeshow.

### 23rd Montana Diabetes Professional Conference

[October 23, 2020](#)

The annual Diabetes Professional Conference provides state of the art training for healthcare professionals in diabetes prevention, education, and clinical care. Continuation education credits are available and registration is free.

### Virtual Perinatal Mental Health Conference

[November 2-6, 2020](#)

The only conference in Montana solely committed to the topic of perinatal mental health brings together professionals from across the state who work with new and expecting parents.

### Ongoing trainings

Several statewide organizations have trainings and events available on an ongoing basis, including (but not limited to):

- The [Montana Primary Care Association](#),
- [Montana Peer Network](#),
- The [Montana Office of Rural Health](#), and
- The [Montana Public Health Training Center](#).

## Upcoming SHIP Events

Join us for the launch of our new webinar series! We will share data relevant to the five key priority areas in the State Health Improvement Plan from the community of organizations participating in its implementation.

### SHIP Webinar Series: The Impact of COVID-19 on Food Security and Health Behaviors in Montana

Friday, October 23, 2020, 12:00 to 12:30 PM

Online via Zoom

Dr. Carmen Byker Shanks, Montana State University

This “lunch and learn” event will describe the results of a statewide survey conducted with over 2,000 Montana residents from May through September 2020 to understand COVID-19's impact on food security and health behaviors. The results provide important data to build program, policies, systems, and environment to support food security and healthy behaviors for Montanans moving forward.

[Register in advance to participate.](#)

### State Health Improvement Coalition Annual Meeting

October 28, 2020 from 10 AM to 2 PM

### Alzheimer's Association offers virtual dementia education programs

Learn valuable skills and information without leaving home. We offer a variety of topics, pro-fessional speakers, and an opportunity to ask questions if you desire. Watch real time or view recorded webinars. To learn more or reg-ister, visit [www.alz.org/crf](http://www.alz.org/crf) or call our 24/7 Helpline at 800.272.3900.

