



Save Money, Save Lives: Facts About Commercial Tobacco free Workplaces

STRATEGIES TO INCREASE YOUR BOTTOM LINE

- Prohibit commercial tobacco use on company grounds – indoors, outdoors, parking lots, and in company-owned vehicles.
- Allow use of FDA-approved nicotine replacement therapies.
- Remove cost barriers by providing full coverage (100%) for commercial tobacco cessation, medication, and counseling.
- The Affordable Care Act gives employers greater flexibility to help employees quit.
- Provide information about free resources to assist with quitting, such as Quit Now Montana.
- Connect with your local Tobacco Education Specialist for guidance.

CONTACT

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COMMERCIAL TOBACCO HAS A PRICE

In Montana, 1,600 adults die each year from smoking. The state of Montana's annual healthcare costs *directly* caused by smoking are \$511 million with smoking-caused production losses estimated at \$899 million.¹

BENEFITS OF ADOPTING COMMERCIAL TOBACCO-FREE WORKPLACE POLICIES

Commercial tobacco-free workplaces create a healthier, more productive, and enjoyable environment for everyone.

Comprehensive policies that prohibit the use of all forms commercial tobacco and nicotine products can:

- Increase productivity and decrease medical expenses (save an average of \$4,056 annually per employee using commercial tobacco)²
- Lower absenteeism rates
- Lower health insurance premiums (tobacco users can have more and longer hospital stays)
- Decrease workers' compensation costs (\$2,189 for smokers vs. \$176 for nonsmokers)³
- Save on maintenance and cleanup costs (cigarette butts are the most littered item in the U.S.)⁴

LOST PRODUCTION

In a 2003 survey of nearly 29,000 U.S. workers, smoking was a leading cause of worker lost production time – greater than alcohol abuse or family emergencies. Quitting smoking can greatly improve a worker's productivity.⁵

SOURCES

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4. Truth Initiative. "Why are cigarette butts the most littered item on earth?". (Aug. 2018). <https://truthinitiative.org/research-resources/harmful-effects-tobacco/why-are-cigarette-butts-most-littered-item-earth>. Accessed 08/24.
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