

## **CPR/First Aid Training Checklist**

### **Project Goal:**

Provide training to at least 25 students and/or staff.

### **Preparation:**

1. Contact teachers and school administrators to set up a training time. The training may be done as part of a health curriculum, or it may be set up outside of regular school hours.
2. Contact a certified CPR/First Aid Trainer to conduct the training.
  - American Heart Association and American Red Cross are two options that certify trainers.
  - For questions specific to Student Hands-Only CPR training contact Janet Trethewey at 406-444-0442 or [jtrethewey@mt.gov](mailto:jtrethewey@mt.gov).
3. Conduct Training:
  - Follow the instructor led course.

### **Report Results:**

Complete the outcomes report form and return it to the [School Health Program](#) by May 31 of the school year in which the grant is received. Email, fax, or mail outcome report forms to the School Health Program using the contact information provided on the form.

### **For More Information:**

Email: [Schoolhealth@mt.gov](mailto:Schoolhealth@mt.gov)

Phone: 406-444-4592