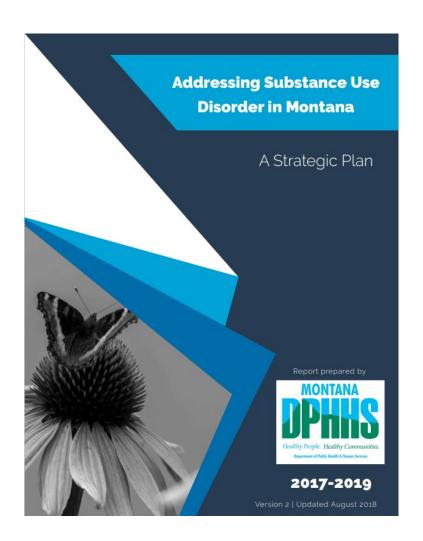
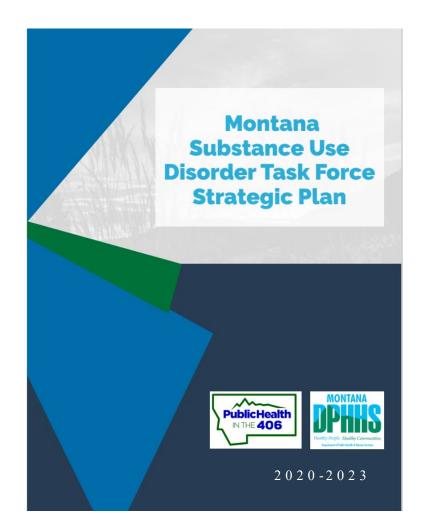


Updates on OD2A and State Substance Use Disorder Strategic Plan

Where We Have Been and Where We Are Going



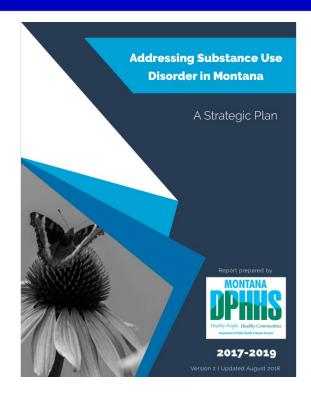






First Strategic Plan

- Completed Spring 2017
 - Updated 2018
- 5 meetings
- 114 participants
- 82 agencies
- Conducted under the Data Driven Prevention Initiative (DDPI) through the CDC





First Strategic Plan

By 2019 >>>

- Reduce the prescription opioid age-adjusted death rate in Montana from 4.2 to 3.8 per 1,000
- Decrease the number of Montanans dependent on or abusing illicit drugs from 18,000 to 17,000
- Increase the percent of Montanans dependent on or abusing illicit drugs who received treatment in the last year from 7% to 12%
- Partnerships
- Prevention & Education
- Enforcement
- Monitoring
- Treatment
- Family & Community Resources



First Strategic Plan-Successes

Partnerships

- Substance Use Taskforce
- State Epidemiologic Outcomes Workgroup

Prevention and Education

- Mini-grants
- Deterra Bags and safe disposal
- Naloxone distribution

Enforcement

- Drug courts
- MAT in detention facilities



First Strategic Plan-Successes

Monitoring

MPDR growth

Treatment

- Buprenorphine X-Waivers
- Naloxone master trainers

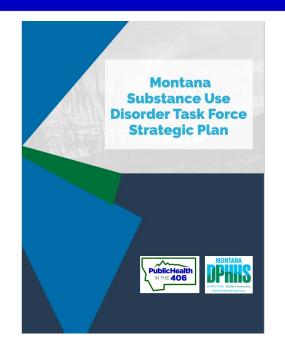
Family and Community Resources

- Safe syringe programs
- Pregnant women and mothers resources



Second Strategic Plan

- Published 2020
- Funded under CDC's Overdose Data to Action (OD2A) initiative to continue DDPI's activities and more



- > Increased timeliness and accuracy of surveillance data to improve drug overdose intervention.
- Greater awareness of opioid and other drug overdoses within the state, leading to increased preparedness and response at the local and state level.
- Decreased high-risk opioid prescribing while increasing education to those receiving opioid prescriptions (both opioid-naïve and legacy patients) and increasing access/use of non-opioid and non-pharmacologic treatments of pain.
- Improved utilization of evidence-based prevention, intervention, and referral to treatment at the local and state level.



Not just a continuation...

1St Plan

Prevention and Education

Enforcement

Monitoring

Treatment

Partnerships

Family and Community

2nd Plan

Prevention

Enforcement and Corrections

Surveillance and Monitoring

Treatment and Recovery

Partnerships

Harm Reduction



Strategic Plan Overview



Reduce drug related morbidity and mortality across all populations in Montana



- Partnerships
- Surveillance and Monitoring
- Prevention
- Treatment and Recovery
- Harm Reduction
- Enforcement and Corrections



- Decrease mortality due to all drug overdoses
 - 11 deaths per 100,000 Montanans (2017-2018)¹
- Decrease hospitalizations due to drug overdoses
 - 920 drug cases per 100,000 admissions (2018)²
- Decrease emergency department visits due to drug overdoses
 - 621 drug cases per 100,000 ED visits (2018)²

Prevention

- Local Prevention Infrastructure
 - 7 new Communities that Care communities
 - Mini-grants continuation
 - Check out the Story Map!
- Awareness and Stigma Reduction
 - 2 anti-stigma campaigns
- ACES and Resiliency
 - HOPE Report & Resource Website
 - SHIP ACEs Work Group





Enforcement and Corrections

- Opioid Response Strategy (ORS) Team
 - ODMAP Success
 - Law Enforcement Trainings by HIDTA
 - DIO/PHA nationally recognized by HIDTA for work in Public Health/Public Safety Partnership
 - 3 new drug treatment courts (since 2019)



Surveillance and Monitoring

- Novel methods
 - ODMAP, Biospatial
- Spike alerts
- Regular public reports

Data Reports and Analytics

(mt.gohttps://dphhs.mt.gov/publichealth/EMSTS/data#InjuryPreventionData&gsc.tab=0v)



Treatment and Recovery

- Access to Treatment
 - MOUD provider increase from 17 to 500
 - No more X-Waiver requirements
 - Meadowlark Initiative has expanded
- Heart Fund
 - Accomplishments to Date



Partnerships

- Cross Sector Collaboration
 - MT SUDs Task Force continued engagement
 - Opioid Response Strategy—partnership between law enforcement and public health
 - MT Alliance of Prevention
 - Collaboration between DPHHS and DOJ
- Engage Diverse Partners
 - Opioid Education and Naloxone Distribution Program
 - LIFTS Magazine
 - Early Childhood Coalition



Harm Reduction

- Safe Syringe Programs
 - Statewide mail order program
 - 5 SSP sites
- Naloxone
 - Increased naloxone distribution sites
 - Distribution system in place
- Fentanyl Test Strips
 - Education/Legislation







Data collection and metrics

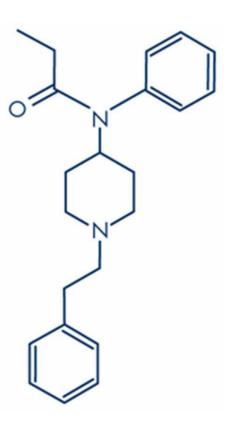
DDPI

- Focus on getting data
 - Local, Useful
- Gain understanding
- Internal sharing
- OD2A
 - Use data to focus
 - Continue collecting data
 - External sharing



Outside forces

- 2016
 - CDC opioid prescription guidelines
- 2017
 - Naloxone legislation
 - Help S ives A
 - Good Saman
- 2019
 - MPDR legisla
 - Mandated I
 - Limiting first
- 2021
 - Recreational marijuana egalized for adults 21+







- Youth misuse of prescription pain medication (Lifetime)
 - 2017: 13.7%
 - 2019: 12.8%
 - 2021: 12.0%
- Adult misuse of prescription pain medication (Past Year)
 - 2016-2017: 4.7%
 - 2018-2019: 4.4%

The number of opioid prescriptions in Montana declined over the course of the strategic plans. Youth misuse of pain medication also declined. There was no major change in adult misuse of prescription pain medication.





Usage-other substances

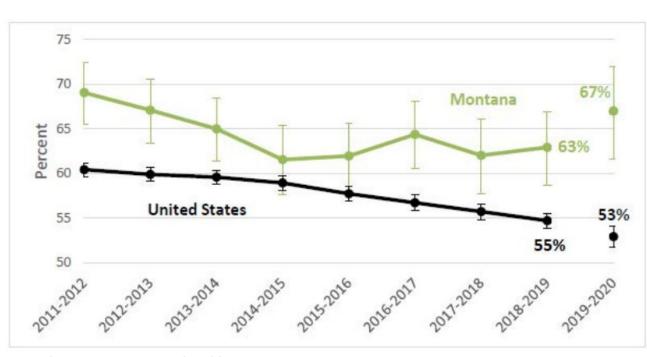
Youth binge alcohol use (past month)

• 2017: 17.6%

2019: 17.5%

• 2021: 16.4%

Alcohol use among young adult Montanans (18-25 years) increased in recent years



National Survey on Drug Use and Health, 2011-2020

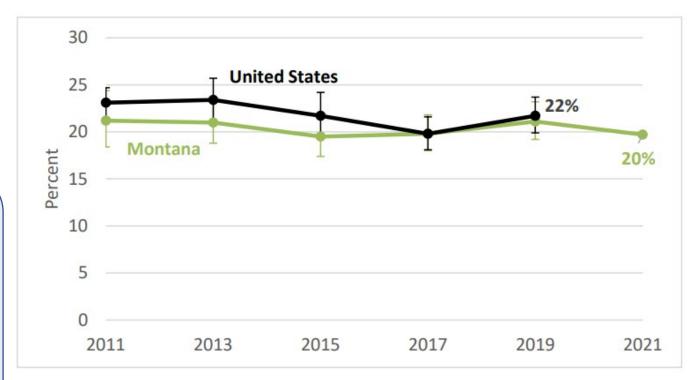
^{*}Due to changes in methodology, data from 2019-2020 on cannot be directly compared to data from previous years.



Usage-other substances

Recreational marijuana became legal for Montana adults 21+ in 2021.

Available data shows this did not affect youth marijuana usage for the state.



Youth Risk Behavior Surveillance Survey, 2011-2019

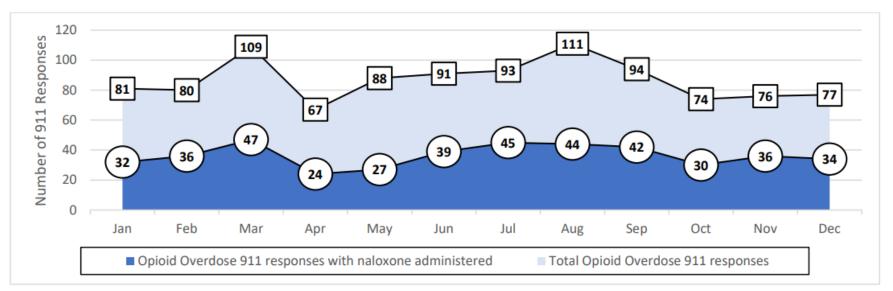


^{*}Current use is defined as any use in the past 30 days

Nonfatal Opioid Overdoses

DPHHS tracks naloxone administration by EMS

- Naloxone was administered in 41.9% out of 1,041 known or suspected opioid overdoses in 2022
- Naloxone was administered in 43.1% of 908 known or suspected opioid overdoses in 2021

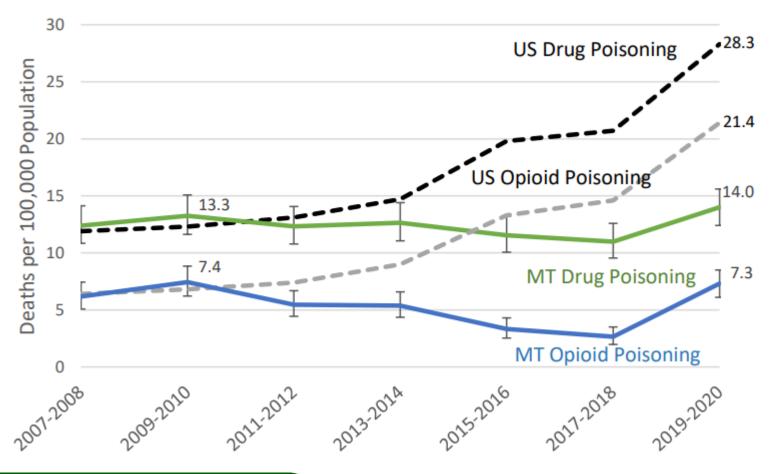


EMS 2022 data



Fatal Overdoses

After a decade of decline, Montana's overdose death rate increased in 2019-2020 and continues to climb.





Our future data plans

- Continue regular public reports
- Create more interactive dashboards with real-time data
 - Fatalities
 - ED/Hospitalization
 - EMS
- Continue surveillance
 - Fentanyl
 - Xylazine



Opportunities and Barriers

- Stronger collaborations in some areas
- Breakout groups for SP areas at SUDs TF Meetings
- Changing drug landscape (fentanyl and others)
- Improved data sharing, availability and use
- Using state data at the local level



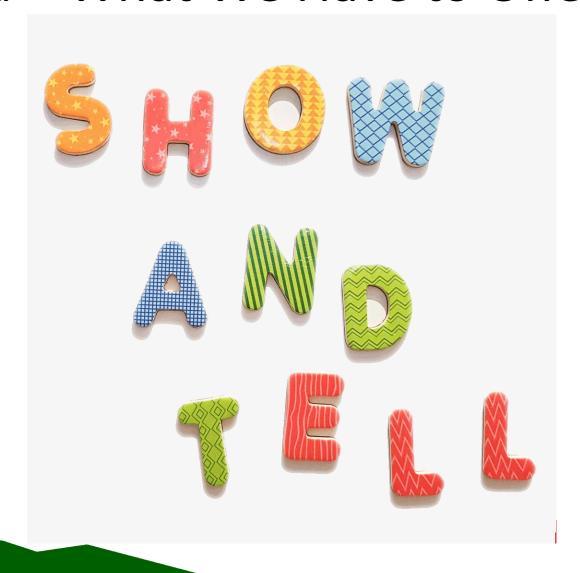
New Initiatives

- *OD2A-S*:
 - Re-focus on health systems
 - Increased Harm Reduction strategies
 - "Navigators" and community-based linkage to care
 - Engage with clinicians on pain management and treatment for people with OUD/StUD
- Other State-wide SUDs Grants (SOR, ROTA, etc.)
- Local Area Projects

We want to continue to highlight in this group and beyond!



Data – What We Have to Offer







Tory Troeger

Epidemiologist

Victoria.Troeger@mt.gov (406) 444-3170

QUESTIONS?

Melinda Reed

OD2A-S Grant Manager

Melinda.Reed@mt.gov (406) 444-6892

Maureen Ward

Injury Prevention Program Manager

Maureen.Ward@mt.gov (406) 444-4126

