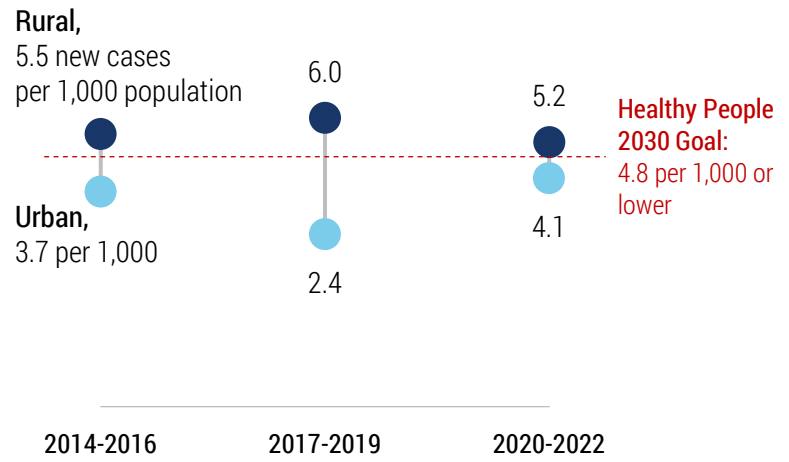


Diabetes in Montana among people in rural counties

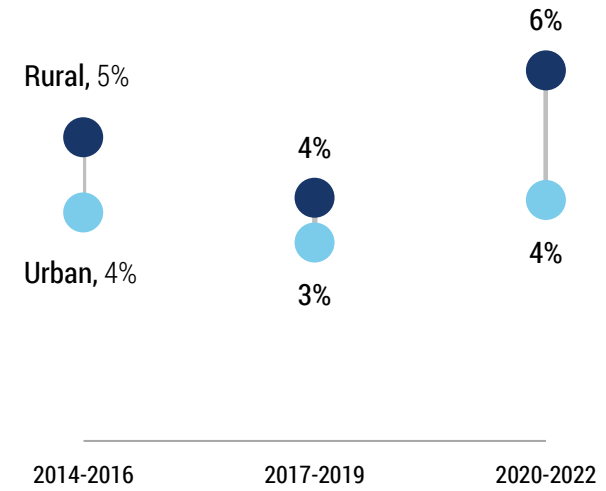
Due to the significant health disparities people in rural areas experience in Montana, the Montana Diabetes Program (MDP), in collaboration with the CDC, will tailor and focus projects and funding related to diabetes prevention and management to this population.

The incidence of diabetes has consistently been higher among residents of rural counties compared to urban counties. However, It is not far from the Healthy People 2030 Goal.



Source: BRFSS, 2014-2022, age-adjusted

The prevalence of diabetes has consistently been higher among rural counties compared to urban counties.

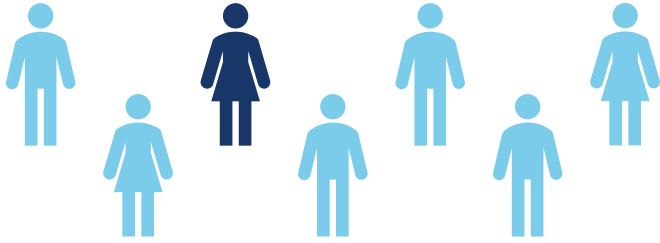


Source: BRFSS, 2014-2022, age-adjusted

What is MDP doing to address this disparity in the next few years?

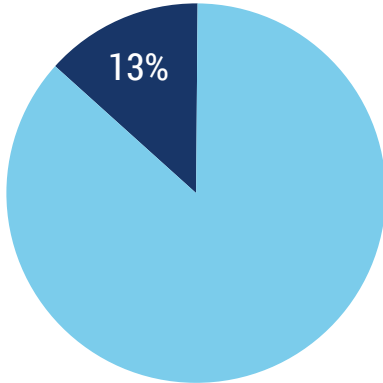
- ⊕ We have set goals to increase priority population participation in Montana’s National Diabetes Prevention Program (DPP) 15% by 2029. Among National DPP sites that report to the MDP, only 1,635 Montanans living in rural areas have enrolled in the program since 2015 (30% of participants with a reported county of residence).
- ⊕ We are rolling out diabetes support programs and family healthy weight programs.
- ⊕ We are contracting with sites to focus on rural Montanans as a priority population for quality improvement in diabetes care and prevention in the healthcare setting.

1 in 7 rural Montanans reported not being able to afford to see a doctor in the past year.



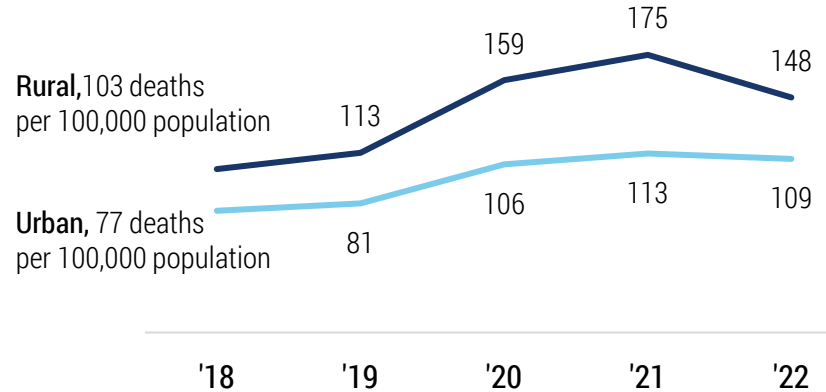
Source: BRFSS, 2014-2022, age-adjusted

Diabetes-related retinal disease was reported by 13% of rural Montanans.



Source: BRFSS, 2021, age-adjusted

Diabetes-related deaths among residents of rural counties was higher than among urban counties, although the rate has decreased since 2021.



Source: CDC WONDER Multiple Cause of Death Data, 2018-2022

Rural Montanans with diabetes reported having at least two other chronic diseases five times as often as those without diabetes.



Source: BRFSS, 2020-2022, age-adjusted