



DISASTER PREPAREDNESS KIT

If a disaster strikes in your community, you might not have access to food, water, or electricity for several days. Preparing emergency kits for your family is an important step in keeping them safe and healthy during a disaster. Emergency kits include essential items that will help sustain you and your family for up to three days in the event you are isolated in your home during a disaster.



Water - one gallon per person, per day (including pets) for 3-7 days



Food - nonperishable, easy to prepare items (canned goods, dehydrated meals, etc.) for 3-7 days



Flashlight



Battery-powered or handcrank radio



Extra batteries



First aid kit



Prescription Medications (7 day supply)



Multipurpose tool



Sanitation and personal hygiene items (tissue paper, soap, hand sanitizer, etc.)



Copies of personal documents (medication list and pertinent medical information, proof of address, deed/lease to home, passports, birth certificates, insurance policies)



Map(s) of the area



Extra cash

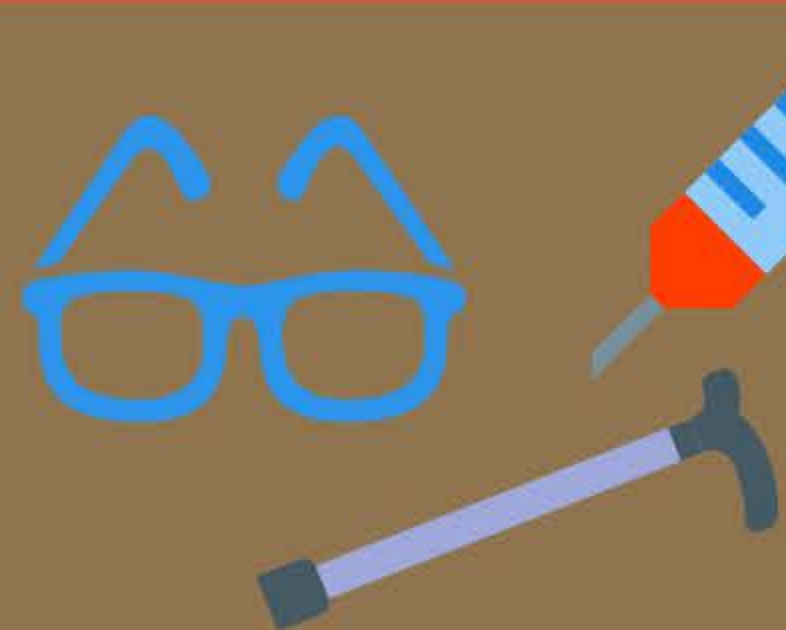


Cell Phone and charger - The towers may be down following a disaster, but emergency personnel will get them repaired fast for communication. Cell phones can also be used to store pertinent medical information and family/emergency contact information.



Emergency blankets

Consider the needs of all family members and add supplies to your kit. Suggested items to help meet additional needs:

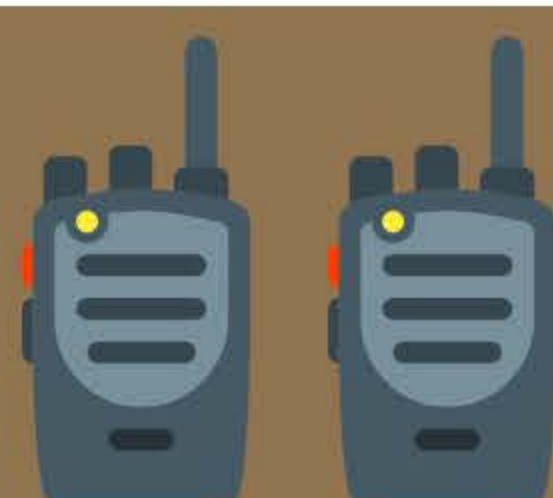


Medical supplies (hearing aids with extra batteries, glasses, contact lens/solution syringes, cane)



Baby supplies (bottles, formula, baby food, diapers)

Pet supplies (food, collar, leash, ID, carrier, bowl, vaccine records, proof of ownership)



Two-way radios



Extra clothes and shoes

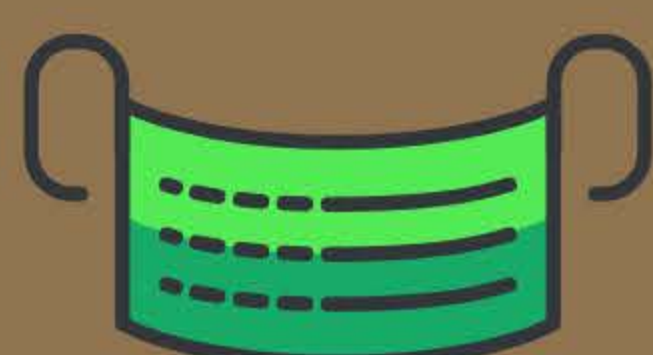


Extra keys for the car and house

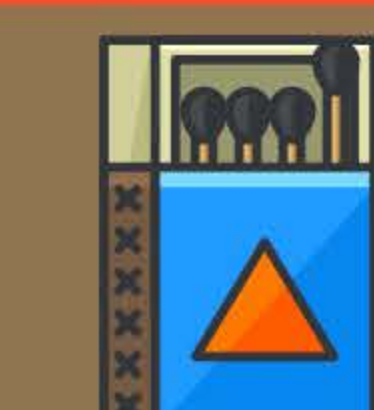
Consider additional supplies to keep in your kit based on type of disasters (like a Zombie Apocalypse)



Whistle



Masks



Matches



Weather appropriate gear



Duct Tape