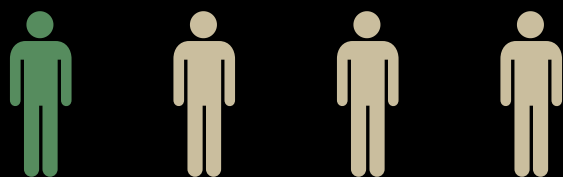


Vaping Product Use among Montana Adults, 2018



In 2018, nearly 1 in 4 (23%) Montana adults reported having ever tried an electronic cigarette or "other" vaping product

Among all Montana adults..

5%

reported currently using vaping products, including e-cigarettes

Among young adults aged 18 to 24 years..

15%

reported currently using vaping products, including e-cigarettes

Scientists are still learning about the long-term health effects of vaping products. The chemicals contained in the aerosol have not been deemed safe for inhalation.

Quitting nicotine is hard. The Montana Tobacco Quit Line is a FREE resource that provides help quitting ALL commercial tobacco products, including electronic cigarettes.

The Montana Tobacco Quit Line can be reached at 1-800-784-8669.