

Statewide Resources

Child Care Assistance

- The Montana Department of Public Health and Human Services offers child-care scholarships to qualified low-income families who meet eligibility requirements.
- Local Child Care Resource and Referral agencies provide referral services to families seeking child care. This includes providing parents with information regarding:
 - Child Care openings,
 - Location of care,
 - Special circumstance information, such as does the provider offer extended hour service, has he/she completed accreditation process, or does he/she serve infants and toddlers.
- Websites: <https://familyconnectionsmt.org/>
- Childcare Resource and Referral Agencies
<https://dphhs.mt.gov/ecfsd/childcare/childcareresourceandreferral>

Chronic Disease Community Programs

- The Montana Department of Public Health and Human Services sponsors a variety of chronic disease programs that can help prevent disease and injury as well as improve health and enhance quality of life.
- Community Programs MAP Website: <https://bit.ly/31Jellw>

Disability Support Services

Montana Independent Living Project

- mILp's mission is to promote independence for people living with disabilities residing in 14 southwest Montana counties. mILp assists consumers to live, work, and recreate as independently as they desire. This includes, but is not limited to, having access to not only the necessary services one requires but also the recreational pursuits one desires that promote a quality of life within one's own residence and community. The mILp website also offers a comprehensive selection of ADA/Disability Resources.
- Phone Number: 1-800-735-6457 (toll-free)
- Website: <http://www.milp.us/>

Disability Rights Montana

- The focus of Disability Rights Montana's work is to protect and advocate for the rights of persons with all types of disabilities in Montana. Considerable resources are devoted to ensuring full access to inclusive educational programs, financial entitlements, healthcare, productive employment opportunities, as well as continuing to seek prevention of abuse and neglect.
- Disability Rights Montana currently has 8 programs and will be adding another one soon.
 - Client Assistance Program (CAP)
 - Protection & Advocacy for individuals with Developmental Disabilities (PADD)
 - Protection & Advocacy for Individuals with Mental Illness (PAIMI)
 - Protection & Advocacy for Individual Rights (PAIR)
 - Protection & Advocacy to receive Assistive Technology (PAAT)
 - Protection & Advocacy for Beneficiaries of Social Security (PABSS)
 - Protection & Advocacy for individuals with Traumatic Brain Injury (PATBI)
 - Protection & Advocacy for Voter Access (PAVA)
- Websites: <https://www.disabilityrightsmt.org/>
<https://www.disabilityrightsmt.org/programs/>



Healthy Montana Kids (HMK)

- HMK provides low-cost health coverage for eligible Montana children up to age 19.
- Phone Number: 1-877-KIDSNOW
- Website: <http://hmk.mt.gov>

Montana Human & Community Services Division

Low Income Energy Assistance Program (LIEAP)/Weatherization Program

- The Montana Department of Public Health and Human Services can pay part of winter energy bills for eligible people. The Weatherization Program helps participants to improve the heating efficiency of their homes and thus reduce their energy consumption.
- Montana's toll-free LIEAP number: 1-833-317-1080
- Website: <http://dphhs.mt.gov/hcsd/energyassistance>
- Energy Assistance Eligibility Offices: <https://dphhs.mt.gov/hcsd/energyassistance/lieapoffices>

Supplemental Nutrition Assistance Program (SNAP)

- SNAP provides supplemental food assistance to low income people.
- Website: <http://dphhs.mt.gov/hcsd/snap/>
- Field Offices of Public Assistance: <https://dphhs.mt.gov/hcsd/OfficeofPublicAssistance>

Temporary Assistance for Needy Families (TANF)

- TANF provides temporary financial assistance to needy families.
- Website: <https://dphhs.mt.gov/hcsd/TANF>
- Field Offices of Public Assistance: <https://dphhs.mt.gov/hcsd/OfficeofPublicAssistance>

Montana Legal Services Association

- MLSA provides free legal assistance in civil cases to low-income people in Montana.
- Phone Number: 1-800-666-6899
- Website: <http://mtlsa.org/>

Montana Medicaid

- A joint federal-state program that pays for a broad range of medically necessary health care and long-term care for eligible low-income Montanans
- Website: <https://dphhs.mt.gov/MontanaHealthcarePrograms/MemberServices>
- Field Offices of Public Assistance: <https://dphhs.mt.gov/hcsd/OfficeofPublicAssistance>

Special Supplemental Nutrition Program for Women, Infants, and Children (WIC)

- Provides eligible participants with benefits to purchase specific foods to supplement diets lacking in the nutrients needed during critical times of growth and development
- Phone Number: 1-800-433-4298
- Website: <http://wic.mt.gov>



Montana Tobacco Cessation Services

Montana Tobacco Quit Line

- The Montana Department of Public Health and Human Services provides a collection of strategies and services for Montanans that want to quit using tobacco.
- Phone Number: 1-800-QUIT-NOW or 1-800-784-8669
- Website: <http://dphhs.mt.gov/publichealth/mtupp/quitline>

My Life, My Quit

- 5 FREE coaching sessions either by text, chat, or phone to help youth under 18 quit all forms of tobacco including vaping
- Dedicated toll-free number (1-855-891-9989)
- Online enrollment through mylifemyquit.com
- *RESPECTS privacy through confidential enrollment and coaching. No one will know someone enrolls unless they want them to know.*

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