Protocol for Responding to an Asthma Episode

If a student is coughing, wheezing, is short of breath, or has chest tightness:

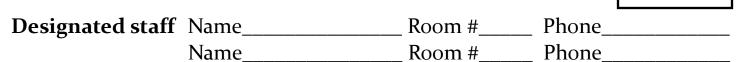
Help child to sit upright: speak calmly and reassuringly

Follow the individualized asthma action plan for use of quick-relief inhaler

If quick-relief inhaler is not available, call school nurse or designated staff member to come and assess the student.

Get emergency help from nurse or designated staff if student has any of these:

- Inhaler not helping
- Breathing hard and fast
- Nostrils open wide
- Can't walk or talk well





If not breathing, unconscious, lips are blue, struggling to breathe (hunched over or ribs show), or other signs of distress

Notify parent or guardian.