

# Protocol for Responding to an Asthma Episode

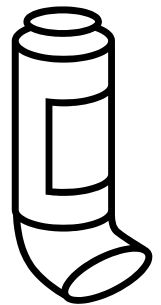
If a student is coughing, wheezing, is short of breath, or has chest tightness:

1

Help child to sit upright: speak calmly and reassuringly

2

Follow the individualized asthma action plan for use of quick-relief inhaler



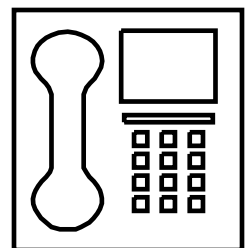
3

If quick-relief inhaler is not available, call school nurse or designated staff member to come and assess the student.

4

Get emergency help from nurse or designated staff if student has any of these:

- Inhaler not helping
- Breathing hard and fast
- Nostrils open wide
- Can't walk or talk well



Designated staff Name \_\_\_\_\_ Room # \_\_\_\_\_ Phone \_\_\_\_\_  
Name \_\_\_\_\_ Room # \_\_\_\_\_ Phone \_\_\_\_\_

**CALL  
911**

If not breathing, unconscious, lips are blue, struggling to breathe (hunched over or ribs show), or other signs of distress

Notify parent or guardian.