

Population Description:

The Montana Medicaid benefit package includes Targeted Case Management (TCM) services for adults with a severe and disabling mental illness (SDMI). The services include assessment, determination of need, development and periodic revision of a specific care plan, referral and related activities, and monitoring and follow-up activities.

Program Objectives:

Assisting adults with SDMI in gaining access to needed medical, social, educational, and other services to mitigate or improve their mental health symptoms.

Program Eligibility/Limits:

- To be eligible for SDMI TCM, adults must meet medical necessity criteria for SDMI, which includes a SDMI mental health diagnosis and functional impairment from moderate to severe.
- The member must be receiving at least one other adult mental health or substance use disorder service.
- The service is provided in 15-minute units.

Provider Requirements:

- Services are provided by a licensed mental health center (MHC) with a license endorsement permitting the MHC to provide targeted case management services.
- Minimum qualifications for a case manager are a bachelor's degree in a human services field with at least one year of full-time experience serving people with mental illnesses. Individuals with other educational backgrounds who, as providers, consumers, or advocates of mental health services have developed the necessary skills, may also be employed as intensive case managers.

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RESOURCES

- Title 37, chapter 86, subchapter 33;
- Title 37, chapter 106, subchapter 19; and
- ARM 37.88.101, which incorporates the Medicaid Services Provider Manual for Substance Use Disorder and Adult Mental Health located at:
<https://dphhs.mt.gov/amdd.aspx>.