

Section II: Local Agency Procedure Manual

II. Local Nutrition Services

A. Standard Food Packages

Purpose

To define standard food packages for issuance of allowable foods.

Policy

Standard food packages are designed to meet supplemental nutrition needs for participants based on category, age, special dietary needs, and food preparation/storage needs. Standard food packages will provide the full nutritional benefit allowed (except for breastfeeding infants where minimum requested amount of formula is issued).

1. For approved food list, see attachment *Approved Food List*

2. Standard Montana WIC Food Packages for Infants

Infant Age	Amount of Breastfeeding	Contract Infant Formula (Maximum amount is determined by powder reconstitution)	Infant Cereal	Infant Fruits and Vegetables	Infant Meats
Birth - 1 month (Food Package I)	Fully	None			
	Substantially*	May be up to 4 cans			
	Partially*	2 - 9 cans			
	None	Up to 9 cans			
1 - 3 months (Food Package I)	Fully	None			
	Substantially*	Up to 4 cans			
	Partially*	5 - 9 cans			
	None	Up to 9 cans			
4 - 5 months (Food Package I)	Fully	None			
	Substantially*	Up to 5 cans			
	Partially*	6 - 10 cans			
	None	Up to 10 cans			
6 - 12 months (Food Package II)	Fully	None	16 oz.	128 oz.	40oz.
	Substantially*	Up to 4 cans	8 oz.	128 oz.	
	Partially*	5-7 cans	8 oz.	128 oz.	
	None	Up to 7 cans	8 oz.	128 oz.	

Cow's milk, soy beverage and goat's milk are not issued to infants.

*Infant formula for breastfed infants is calculated based on the established full nutritional benefit. However, issuance should be based on actual need rather than maximum allowable amounts.

3. Standard Montana WIC Food Packages for Children 1-5 years (Food Package IV)

Food Item	Children Younger than 2 Years	Children Age 2 Years and Older
Milk	Whole 12 quarts	Non-fat, Skim or 1% 14 quarts
Eggs	1 dozen	1 dozen
Juice	64-oz or \$3 CVB	64-oz or \$3 CVB
Cereal	36 oz.	36 oz.
Whole Grain Choice	24 oz.	24 oz.
Legume Choice	1	1
Fish	6 oz.	6 oz.
Vegetable and Fruit Benefit	\$26	\$26

4. Standard Montana WIC Food Packages for Women

Food Item	A. Pregnant B. Substantially Breastfeeding or Pregnant with Multiples (FP V)	Partially Breastfeeding or Non-Breastfeeding Post-Partum Women (<6 mo. post-delivery) (FP VI)	Fully Breastfeeding, Pregnant and at Least Substantially Breastfeeding an Infant (FP VII)	Fully Breastfeeding Multiples (FPVII – 1.5x)
Milk	Non-fat, Skim or 1% 16 qts	Non-fat, Skim or 1% 16qts	Non-fat, Skim or 1% 16qts	Non-fat, Skim or 1%-24qts
Eggs	1 dz.	1 dz.	2 dz.	3 dz
Juice	64 oz. or \$3 CVB	64 oz. or \$3 CVB	64 oz. or \$3 CVB	Alternate 64oz and 128oz or \$4.50 CVB
Cereal	36 oz.	36 oz.	36 oz.	54 oz.
Whole Grain Choice	48 oz.	48 oz.	48 oz	72oz
Legume Choice	2	1	2	3
Fish	A: 10oz B: 15oz	10 oz.	20 oz.	30 oz.
Vegetable and Fruit Benefit	A: \$47 B: \$52	\$47	\$52	\$78

5. Food Packages for Women Breastfeeding Multiples from the Same Pregnancy*

How Much Breastfeeding	<i>Baby 2 Fully Breastfeeding</i>	<i>Baby 2 Substantially Breastfeeding</i>	<i>Baby 2 Partially Breastfeeding</i>	<i>Baby 2 Fully Formula Fed</i>	<i>Baby 2 Partially Breastfeeding or Fully Formula Fed 6 Months or Older</i>
<i>Baby 1 Fully Breastfeeding</i>	Fully Breastfeeding Multiples (1.5x Fully)	Fully Breastfeeding	Fully Breastfeeding	Fully Breastfeeding	Fully Breastfeeding
<i>Baby 1 Substantially Breastfeeding</i>	Fully Breastfeeding	Fully Breastfeeding	Substantially	Substantially	Substantially
<i>Baby 1 Partially Breastfeeding</i>	Fully Breastfeeding	Substantially	Partially/ Post-Partum	Partially/ Post-Partum	No Food Package Issued Woman Counted
<i>Baby 1 Fully Formula Fed</i>	Fully Breastfeeding	Substantially	Partially/ Post-Partum	Post-Partum	No Food Package Issued Woman Counted if Baby 2 is Partially Breastfeeding
<i>Baby 1 Partially Breastfeeding or Fully Formula Fed 6 Months or Older</i>	Fully Breastfeeding	Substantially	No Food Package Issued Woman Counted	No Food Package Issued Woman Counted if Baby 1 is Partially Breastfeeding	No Food Package Issued Woman Counted if one baby is Partially Breastfeeding

*If more than two infants are from the same pregnancy, the mother's food package is determined by the highest breastfeeding status of one of the infants.