

Minimum WIC Food Stocking Requirements

Refer to the Approved Food List for authorized brands/types. Montana authorized retailers must always have the following items in stock in the quantities specified below.

Peer Groups 3 & 4 (Large stores & Supercenters)		
Food Item	Minimum Requirements	
Milk:		
Low-Fat (1%) or Non-Fat (skim)	3 gallons total of any type	
	3 half gallons total of any type	
Whole milk	3 gallons	
	3 half gallons	
Cheese: 16-ounce packages OR 8-ounce packages		
16-ounce packages	3 packages (16 ounces) of 2 flavor varieties	
8-ounce packages	6 packages (8 ounces) of 2 flavor varieties	
Eggs		
Dozen only	3 dozen	
Breakfast Cereal: One of the cold or hot cereals must be WHOLE GRAIN		
12-ounce or larger packages	6 boxes total (2 each of three varieties)	
11-12-ounce hot cereal	2 boxes of one variety	
Whole Grains: Bread AND Rice		
Whole wheat and/or whole grain bread	3 loaves total of any authorized size bread	
15-16-ounce packages brown rice and/or 14-16-ounce instant rice	3 packages of regular or quick/minute brown rice	
Bottled Juice		
64-ounce bottles	3 bottles of 2 different flavors	
Peanut Butter		
16-18-ounce jars	3 jars	
Legumes (mature beans): Bags of dried beans AND canned beans		
16-ounce bags of dried beans	3 packages of 2 different varieties	
15-16-ounce canned legumes/beans	10 cans total including two varieties	
Canned Fish: Light tuna OR pink salmon		
5-6-ounce cans	6 cans of light tuna	
5-6-ounce cans	6 cans of pink salmon	



Fresh Fruits and Vegetables	
Fruits	Two varieties
Vegetables	Three varieties
Infant Cereal: Two varieties	
8-ounce box	2 boxes of 2 different varieties
Infant Foods: Stage 2 fruits and vegetables and meats	
Fruit: 4-ounce jars of stage 2	20 jars, including 2 flavors
Vegetables: 4-ounce jars of stage 2	20 jars, including 2 flavors
Meat: 2.5-ounce jars	10 jars
Infant Formula: Powdered formula in specific sizes	
Similac Advance: 12.4 ounce	6 cans
Similac Soy Isomil: 12.4 ounce	6 cans