

## Substance Abuse and Mental Health Resource

Substance abuse is when the recurrent use of alcohol and/or drugs causes clinically and functionally significant impairment, such as health problems, disability, and failure to meet major responsibilities at work, school, or home. Substance abuse is a patterned use of a drug in which the user consumes the substance in amounts or with methods which are harmful to themselves or others, and is a form of substance related disorder.

Drugs most often associated with this term include: alcohol, tobacco, cannabis, substituted amphetamines, barbiturates, benzodiazepines, cocaine, methaqualone, and opioids.

In 2013, 9.4% of the population had used an illicit drug in the past month. This number is up from 8.3% in 2002 (National Institute on Drug Abuse).

In 2013, 17.3 million (6.6% of the population) Americans were dependent on alcohol or had problems related to their alcohol use (National Institute on Drug Abuse).

Many people who are addicted to drugs are also diagnosed with other mental disorders, including anxiety and depression. Some people develop mental health problems related to their compulsive drug use, and some people take drugs in an attempt to alleviate symptoms of mental health disorders (National Institute on Drug Abuse).

If substance abuse is something you or someone you know struggles with, Montana has 243 different substance abuse and mental health facilities. Montana substance abuse and mental health centers can help get your life under control. It is important to find one that will meet your own needs and standards. Please visit <https://findtreatment.samhsa.gov/> to find a recovery or mental health facility near you. Make the right choice finding you or someone you know addiction treatment in Montana-Call 1-800-662-4357.



This institution is an equal opportunity provider



<b>Eastern Montana Substance Abuse Facilities</b>		
Crow Agency		
•	101 Bachaitae Avenue	406-679-5365
Forsyth		
•	121 North 11 <sup>th</sup> Street	406-346-7654
Glasgow		
•	1009 6 <sup>th</sup> Avenue North	406-228-9349
Glendive		
•	119 South Kendrick Street	406-377-5942
Hardin		
•	10 West 4 <sup>th</sup> Street	406-665-4103
Lame Deer		
•	100 Eagle Feather Street	406-477-4924
Miles City		
•	25008 Wilson Street	406-234-1687
Sidney		
•	106 2 <sup>nd</sup> Street SW	406-433-4097
•	623 North Central Avenue	406-488-3001