



**Section 1115 Plan First Demonstration Waiver
Post Award Forum
May 7, 2026**

Waiver Summary:

Plan First is a Section 1115 Waiver approved by Centers for Medicare & Medicaid (CMS) with an enrollment cap of 4,000 women at any one time. This program is administered by the Department of Public Health and Human Services. Plan First provides family planning and related services for women who do not qualify for Medicaid. The current waiver will be effective through December 31, 2028.

Plan First Populations Covered:

1. Montana Women ages 19 through 44,
2. Women who are not eligible for other Medicaid benefits,
3. Women who can become pregnant but are not currently pregnant, and
4. Women earning a household income up to 211% of the Federal Poverty Level (FPL).

Plan First Covered Services:

Family Planning services and supplies are limited to services and supplies with the primary purpose of family planning and are provided in a family planning or other medical settings. Examples of covered family planning services include:

- Food and Drug Administration (FDA) approved methods of contraception,
- Sexually transmitted infection (STI) and sexually transmitted disease (STD) testing, Pap tests and pelvic exams,
- Drugs, supplies, or devices related to women health services, and
- Contraceptive management, patient education, and counseling.

Family planning-related services and supplies are services provided as part of, or as follow-up to, a family planning visit. Such services are provided because a family planning-related problem was identified and/or diagnosed during a routine or periodic family planning visit. Examples of family planning related services include:

- Colposcopy,
- Diagnosis, and treatment (drugs) of STI/STDs,
- Drugs and treatment for lower genital tract infections and disorders that were identified during a routine family planning visit,
- Other medical treatment and preventative services that are routinely provided during family planning visits, and



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- Treatment of major complications related to a family planning procedure.

Goals of Plan First:

Plan First was implemented to ensure access to and utilization of family planning or related services for eligible individuals not otherwise eligible for Medicaid. Plan First aims to improve or maintain healthy outcomes for the target population because of these services including fewer unintended pregnancies or births and improved health outcomes and women's health by increasing the child spacing interval.

Enrollment:

- 497 different providers provided Plan First services to Plan First members in State Fiscal Year (SFY) 2025.
- 3,201 women received Plan First benefits in SFY 2025 with a total expenditure of \$238,603.

Plan First Updates:

- Member enrollment has decreased from SFY 2024 to SFY 2025 by 883 members.
- Member enrollment decreases led to a decrease in total expenditure of \$31,959.

Information:

Other questions or comments about Plan First:

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Conduent:

<http://medicaidprovider.mt.gov>
Member Services: 1-800-362-8312
Provider Relations: 1-800-624-3958

Plan First Webpage:

<https://dphhs.mt.gov/MontanaHealthcarePrograms/planfirst/index>

Apply at:

<https://apply.mt.gov/>

Office of Public Assistance:

<https://dphhs.mt.gov/HCSO/OfficeofPublicAssistance>

DPHHS:

<https://dphhs.mt.gov/>