Preventive Doula Services State Plan Informational Updates

Tribal Consultation

October 27, 2026, 2:30-3:00 p.m.

DEPARTMENT OF PUBLIC HEALTH & HUMAN SERVICES

Licensed Doula Services and State Plan Amendment (SPA) Submission

Kelsey Bell, Member Health Management Bureau Chief



DEPARTMENT OF PUBLIC HEALTH & HUMAN SERVICES

Medicaid Reimbursable Doula Services

- Senate Bill 319 (SB 319) was enacted during the 2025 Legislative Session and allowed for the creation of Montana's licensure framework for doulas and authorized DPHHS to make licensed doula services reimbursable under Medicaid.
- Effective July 1, 2026, licensed perinatal doula services will be reimbursable under Montana Medicaid.
- Doulas are trained nonmedical professionals who provide continuous physical, emotional, and informational support to pregnant women during the antepartum, intrapartum, or postpartum period.

Licensed Doula Services

- Licensure for doulas is established under the Department of Labor and Industry (DLI) which allows them to practice independently once fully licensed.
- Montana Medicaid will only reimburse fully licensed doulas and not limited licensures under DLI (ARM 34.139.501).
- For Doula's to bill Montana Medicaid, they will need to be Montana Medicaid enrolled providers under Provider Type 92.
  - Licensed doulas may enroll with Medicaid currently but cannot bill until the SPA is approved by Centers for Medicare & Medicaid Services (CMS).
  - Doulas will bill for services on a CMS-1500 form.

SPA Submission

- On September 30, 2026, DPHHS submitted a preventive SPA to make perinatal doula services reimbursable under Montana Medicaid.
- Effective Date: July 1, 2026.
- Doula services will be added under SPAs 3.1A, 3.1B, and 4.19B Preventive Services, 13.c.
- The SPA outlines eligibility, provider requirements, coverage and limitations, and reimbursement methodology.

Covered Services

There are two covered billing codes under doula services:

- T1032 – services performed by a doula birth worker, per 15 minutes (antepartum/postpartum)
  - Limited to six antepartum visits and two postpartum visits per 12-month period with each visit being limited to 90 minutes.
- T1033 – services performed by a doula birth worker, per diem (labor and delivery services)
  - Limited to one per diem labor and delivery visit per 12-month period.

Contact & Resource Information

Kelsey Bell, Member Health Management Bureau Chief

- (406) 444-4146
- kbell@mt.gov

Stacy Reedy, Perinatal Health Program Specialist

- (406) 444-0950
- Stacy.Reedy@mt.gov

Montana Healthcare Programs Provider Enrollment

- https://medicaidprovider.mt.gov/providerenrollment

Doula Provider Type 92

- https://medicaidprovider.mt.gov/92

Conclusion



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