

# Tribal Consultation for the State Plan on Aging

May 18, 2022



## About the State Unit on Aging:

As the SUA we are charged with administering Older Americans Act (OAA) services through a partnership with the 10 Area Agencies on Aging (AAAs) serving older adults aged 60 and older with a focus on individuals with the most economic and social need and those at risk of institutionalization, with a special emphasis on rural residents, people with disabilities and those with Alzheimer's or other dementias and their family caregivers. Five of the AAAs include reservations in their planning and service area and are required to coordinate their Title III OAA funding with the Title VI OAA funding with those reservations.

## Core services include:

- Information and assistance to access community services.
- Medicare and other public benefits counseling.
- Congregate and Home Delivered Meals.
- In-home services, such as homemaker, chore, and personal care.
- Transportation; and
- Respite and other supports for caregivers.

With OAA funds Area Agencies on Aging also provide services related to elder justice, including legal assistance, and advocating for the rights of those living in nursing homes, assisted living facilities and critical access hospitals as the majority are providers of the Long Term Care Ombudsman Program.

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# **Tribal Consultation for the State Plan on Aging**

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The State Plan on Aging is a requirement of the Administration for Community Living to receive Older Americans Act funding. This is a 4-year state plan that incorporates the ten Area Agency on Aging plans (see map). The plan period is for October 1, 2023 – September 30, 2027. The Area and State Plans require the following content:

## Area Plan:

1. Executive Summary
2. Impact on changing demographics
3. Needs Assessment
4. Impact of COVID-19
5. Title III/VI Coordination
6. Quality Management
7. Goals, Objectives, Strategies and Outcomes
8. Public Input/Consultation
9. Other Required Information
  - b. Map of PSA (Planning Service Area)
  - c. Advisory Council
  - d. Direct Services Provided by Area Agency
  - e. Assurances and Information Requirements
  - f. Organization Chart
  - g. Community Focal Points and Senior Centers
  - h. Emergency Plan or Plan for Development

## State Plan:

1. OAA Core Programs
2. Impact of COVID-19
3. Equity
4. Expanding Access to HCBS
5. Caregiving Services & Supports
6. Assurance Responses
7. Intrastate Funding Formula Requirements

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1. What are the challenges facing older adults in your community?
2. How can we best support families who are caring for loved ones (i.e., aging parents, grandparents, spouses)?
3. What can we do to better support older adults with Alzheimer's or other dementias?
4. What are the specific challenges facing rural residents and how might we creatively serve them given limited resources?
5. What other issues in your community have we not covered or what other thoughts would you like to share?

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Of the list below, circle your top five concerns for older adults in your community?

- a. Funding for safety net programs like Social Security, Medicare, Medicaid, Older Americans Act programs such as nutrition, education, and in-home services
- b. Culturally competent care
- c. Affordable and accessible housing
- d. Available and accessible transportation
- e. Financial assistance for basic needs (housing, food, transportation, insurance/health care/prescriptions)
- f. Access to and affordability of supportive services in the home to prevent or delay institutional care
- g. Support for family caregivers of older adults
- h. Access to health care, including preventive care and mental health services
- i. Social isolation and loneliness – need for planned and supported opportunities for engagement
- j. Individual planning for aging years
- k. Employment opportunities for older adults
- l. Home maintenance, repair, and modifications for accessibility
- m. Elder abuse, neglect and/or exploitation
- n. Area Plan Service Waiting List

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