

	<b>Addictive and Mental Disorders Division</b> Severe and Disabling Mental Illness, Home and Community Based Services Waiver Manual
	<b>Date effective:</b> July 1, 2020  <b>Date revised:</b>
<b>Policy Number:</b> <i>SDMI HCBS 345</i>	<b>Subject:</b> Meals

### Definition

Meals is the provision of hot or cold meals to a member up to twice daily, 7 days a week.

### Determination of Need

- (1) The member must demonstrate need for Meals due to:
  - (a) special nutritional needs;
  - (b) the member's inability to gain access to proper nutrition due to disability; or
  - (c) at risk of health decline or institutionalization without consistent nutritious meals.
- (2) Meal services under any other source, including natural supports, are not available.

### Provider Requirements

- (1) The provider must follow the rules that govern the provision of nutrition services in Administrative Rules of Montana (ARM) Title 37, Chapter 41, subchapter 3.
- (2) Retirement homes must comply with the licensing requirement in ARM Title 37, Chapter 106, subchapter 25.
- (3) Individual meal providers must be licensed in accordance with the requirements of state law.

### Service Requirements

- (1) Meal services may not be furnished to members receiving Residential Habilitation or during the time period they are in an Adult Day Health setting.
- (2) Meal services may not be provided more than two times per day.
- (3) Members who require nutrition services may not receive Meals in excess of the member's medical need.

## **Utilization**

- (1) Meals are based on the member's assessed need and are limited to additional services not otherwise covered under Medicaid state plan.