

	Behavioral Health and Developmental Disabilities (BHDD) Division Medicaid Services Provider Manual for Substance Use Disorder and Adult Mental Health
	Date effective: October 1, 2022
Policy Number: 120	Subject: Individualized Treatment Plans for Behavioral Health Treatment

Based upon the findings of the biopsychosocial assessment(s), the Medicaid provider of behavioral health services must establish an individualized treatment plan for each member .

- (1) The individualized treatment plan must be reviewed and signed by at least one appropriately licensed clinical behavioral health professional.
- (2) The individualized treatment plan must include the following elements:
 - (a) the member’s name, member’s primary diagnosis and any other diagnoses that are relevant to the service(s) provided. the treatment plan date , and treatment plan review dates, if applicable;
 - (b) treatment team members who are involved in the member’s treatment;
 - (c) individualized member strengths;
 - (d) the problem area(s) that will be the focus of the treatment, to include symptoms, behaviors, and/or functional impairments;
 - (e) treatment goals, objectives, and interventions that are person-centered, and recovery oriented
 - (f) the description of the type, duration, and frequency of the intervention(s) and service(s);
 - (g) include the member’s level of functioning that will indicate when a service is no longer required.
- (4) The individualized treatment plan must be completed within 21 days of admission; and reviewed and reassessed at least every 90 days by the treatment team or when there is a change in the member’s condition(s), strengths, areas of concern, goals, or interventions.
- (5) The treatment plan review and reassessment must include the member’s response and progress to treatment and result in either an amended treatment plan or a statement of

the continued appropriateness of the existing plan.

- (6) The individualized treatment plan must be signed and dated by the member for all behavioral health services.